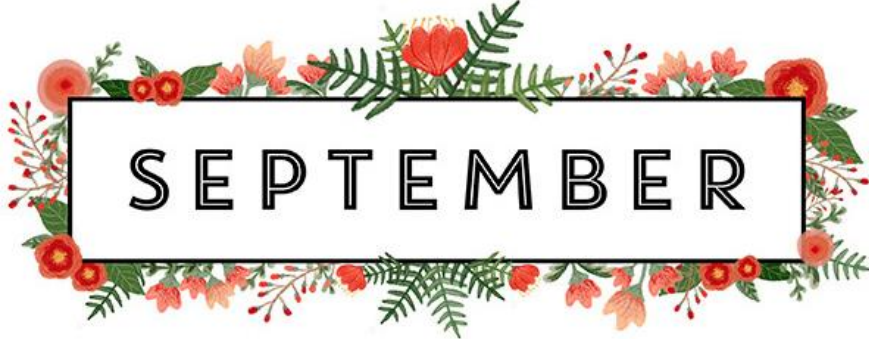






# September 2023 INDEPENDENT LIVING



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
						
<b>3</b> 2:00 Afternoon at the Movies: <i>Trouble Along the Way</i> (MR)	<b>Labor Day</b> 4 9:00 Coffee Social (AR) 9:45 Stretcherexercise (MR) 1:30 Bingo (AR)	<b>5</b> 9:00 Coffee Social (AR) 1:30 Drum Circle (MR) 2:00 Trip to Eugene Public Library	<b>6</b> 9:00 Coffee Social (AR) 9:45 Stronger Seniors - Lvl. 1 (MR) 1:15 Shopping at Walmart 3:00 Staff Activities Meeting	<b>7</b> 9:00 Coffee Social (AR) 1:30 Bingo (AR)	<b>8</b> 9:00 Coffee Social (AR) 9:45 Stronger Seniors - Lvl. 2 (MR) 10:45 Marcola Scenic Drive & Picnic at Shotgun Creek	<b>9</b> 10:00 Interdenominational Church Service (MR)
<b>Grandparents Day</b> 10 1:00 Grandparents Day Ice Cream Social (DR) 2:00 Afternoon at the Movies: <i>Seven Brides for Seven Brothers</i> (MR)	<b>Day of Remembrance</b> 11 9:00 Coffee Social (AR) 9:45 Stretcherexercise (MR) 10:30 Remembrance Ceremony (Main Entrance/Flagpole) 1:30 Bingo (AR)	<b>12</b> 9:00 Coffee Social (AR) 1:30 Drum Circle (MR) 2:30 Musical Performance by Sara Scofield (DR)	<b>International Chocolate Day</b> 13 9:00 Coffee Social (AR) 9:45 Stronger Seniors - Lvl. 1 (MR) 1:15 Shopping at Albertsons, Dollar Tree, Bi-Mart 3:30 Chocolate Tasting (AR)	<b>14</b> 9:00 Coffee Social (AR) 9:00 Trip to the Butterfly Pavilion at Elkton Community Education Center 1:30 Bingo w/Risiti (AR)	<b>15</b> 9:00 Coffee Social (AR) 9:45 Stronger Seniors - Lvl. 2 (MR) 2:30 Camping Themed Party w/ S'mores & More! (AR)	<b>16</b> 10:00 Interdenominational Church Service (MR)
<b>17</b> 2:00 Afternoon at the Movies: <i>A Football Life</i> (MR)	<b>18</b> 9:00 Coffee Social (AR) 9:45 Stretcherexercise (MR) 1:30 Bingo (AR)	<b>19</b> 9:00 Coffee Social (AR) 1:30 Drum Circle (MR) 3:00 Community Birthday Party (AR)	<b>20</b> 9:00 Coffee Social (AR) 9:45 Stronger Seniors - Lvl. 1 (MR) 1:15 Shopping at Fred Meyer 3:00 Staff Activities Meeting	<b>21</b> 9:00 Coffee Social (AR) 1:30 Bingo (AR) 2:30 Sing Along w/Tony (MR)	<b>Autumnal Equinox</b> 22 9:00 Coffee Social (AR) 9:30 Picnic at Salt Creek Falls + Treat Stop at Dairy Queen (Rescheduled from August) 9:45 Stronger Seniors - Lvl. 2 (MR)	<b>23</b> 10:00 Interdenominational Church Service (MR)
<b>24</b> 2:00 Afternoon at the Movies: <i>Leatherheads</i> (MR)	<b>25</b> 9:00 Coffee Social (AR) 9:45 Stretcherexercise (MR) 1:30 Bingo (AR)	<b>26</b> 9:00 Coffee Social (AR) 1:30 Drum Circle (MR) 2:00 Craft: Fall Ribbon Pumpkins (AR)	<b>27</b> 9:00 Coffee Social (AR) 9:45 Stronger Seniors - Lvl. 1 (MR) 1:15 Shopping at Valley River Center	<b>28</b> 9:00 Coffee Social (AR) 1:30 Bingo (AR)	<b>Full "Harvest" Moon</b> 29 9:00 Coffee Social (AR) 9:45 Stronger Seniors - Lvl. 2 (MR) 1:15 Tour of Bohemia Gold Mining Museum (\$2.00 admission)	<b>30</b> 10:00 Interdenominational Church Service (MR)

• AR = Activity Room    •MR = Multipurpose Room    •DR = Dining Room    •LL = Front Lobby Lounge