



March 2023 INDEPENDENT LIVING



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			9:00 Coffee Social (AR) 1 9:45 Stretcherise (MR) 1:15 Shopping at Walmart 3:35 Explained: Dance Crazes (MR)	9:00 Coffee Social (AR) 2 2:30 Craft: Scrapbooking (AR) 6:00 Wii Bowling (MR)	*Activity Packets - 3 Available on Table across from Bulletin Board 9:00 Coffee Social (AR) 9:45 Stretcherise (MR)	Maintenance Worker Appreciation Day 4 *Activity Packets - 10:00 Interdenominational Church Service (MR) 1:00 Wii Bowling (MR)
10:00 Shopping at Hobby Lobby 5 1:30 Trivia! (MR) 2:30 Movie - Residents Choice (MR)	9:00 Coffee Social (AR) 6 9:45 Stretcherise (MR) 10:30 Trip to Maude Kerns Art Center & Lunch at The Paddock 1:30 Bingo (AR)	Full "Worm" Moon 7 9:00 Coffee Social (AR) 1:30 Drum Circle (MR) 6:00 Wii Bowling (MR)	International Women's Day 8 9:00 Coffee Social (AR) 9:45 Stretcherise (MR) 1:15 Shopping at Albertsons, Dollar Tree, Bi-Mart 3:35 Explained: Why Women are Paid Less (MR)	9:00 Coffee Social (AR) 9 1:00 Bingo (AR) 2:30 Craft: Scrapbooking (AR) 6:00 Wii Bowling (MR)	*Activity Packets - 10 Available on Table across from Bulletin Board 9:00 Coffee Social (AR) 9:45 Stretcherise (MR)	*Activity Packets - 11 Available on Table across from Bulletin Board 10:00 Interdenominational Church Service (MR) 1:00 Wii Bowling (MR)
Daylight Saving Time Begins Spring Forward! Kacy Off 2:00 Movie - Residents Choice (MR)	Long Term Care Administrators Week 13 9:00 Coffee Social (AR) 9:45 Stretcherise (MR) 1:30 Bingo (AR) 3:00 LCC Student Nurse Interactive Presentation: Infection Prevention (MR)	9:00 Coffee Social (AR) 14 1:30 Drum Circle (MR) 2:00 Writer's Group (AR) 3:00 Community Birthday Party (AR) 6:00 Wii Bowling (MR)	9:00 Coffee Social (AR) 15 9:45 Stretcherise (MR) 1:15 Shopping at Fred Meyer 3:35 Explained: Flags (MR)	9:00 Coffee Social (AR) 16 1:00 Bingo (AR) 2:30 Craft: Scrapbooking (AR) 6:00 Wii Bowling (MR)	St. Patrick's Day 17 9:00 Coffee Social (AR) 9:45 Stretcherise (MR) 2:00 Applegate Reader's Theatre Presents: Irish Stories & Mysteries (DR)	*Activity Packets - 18 Available on Table across from Bulletin Board 10:00 Interdenominational Church Service (MR) 1:00 Wii Bowling (MR)
10:00 Shopping at Goodwill 19 1:30 Trivia! (MR) 2:30 Movie - Residents Choice (MR)	Vernal "Spring" Equinox 20 9:00 Coffee Social (AR) 9:45 Stretcherise (MR) 2:00 Spring Social w/ Flute & Keyboard Music by Chris & Nathalie (DR)	9:00 Coffee Social (AR) 21 1:30 Drum Circle (MR) 6:00 Wii Bowling (MR)	9:00 Coffee Social (AR) 22 9:45 Stretcherise (MR) 1:15 Shopping at Winco 3:35 Explained: Music (MR)	9:00 Coffee Social (AR) 23 1:00 Bingo (AR) 2:30 Music by Gordon Kaswell (DR) 6:00 Wii Bowling (MR)	*Activity Packets - 24 Available on Table across from Bulletin Board 9:00 Coffee Social (AR) 9:45 Stretcherise (MR)	*Activity Packets - 25 Available on Table across from Bulletin Board 10:00 Interdenominational Church Service (MR) 1:00 Wii Bowling (MR)
9:00 Trip to Mad Batters Bakery 26 2:00 Movie - Residents Choice (MR) 2:30 Cooking Club (AR)	9:00 Coffee Social (AR) 27 9:45 Stretcherise (MR) 1:30 Bingo (AR)	9:00 Coffee Social (AR) 28 1:30 Drum Circle (MR) 2:00 Writer's Group (AR) 6:00 Wii Bowling (MR)	9:00 Coffee Social (AR) 29 9:45 Stretcherise (MR) 1:15 Shopping at Target 3:35 Explained: Apologies (MR)	9:00 Coffee Social (AR) 30 1:00 Bingo (AR) 2:30 Music by The New Folksters (DR) 6:00 Wii Bowling (MR)	César Chávez Day 31 *Activity Packets - Available on Table across from Bulletin Board 9:00 Coffee Social (AR) 9:45 Stretcherise (MR)	