



October 2024 Independent Living Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 Mexican Train (Dominoes Game) (AR) 2:00 Wii Bowling (MR)	2 10:30 Stretchercise (MR) 1:15 Shopping Walmart (Sign up at front desk)	3 10:00 Intro - "Follow Jesus Through the Holy Land" Study (MR) 1:30 Bingo (AR)	4 10:30 Stretchercise (MR) 10-1 Debbie Kay Jewelry (LL) 2:00 Scenic Drive through Cottage Grove (Sign up at front desk)	5 10:00 Interdenominational Church Service (MR) 2:00 Featured Documentary: "The Vikings" (MR)
6 2:00 Afternoon at the movies: "The Court Jester" (MR)	7 10:30 Stretchercise (MR) 1:30 Bingo (AR)	8 10:00 Mexican Train (Dominoes Game) (AR) 2:00 Oregon's Traveling Historian - School Buildings (MR)	9 10:30 Stretchercise (MR) 1:15 Shopping Winco (Sign up at front desk)	10 10:00 "Follow Jesus Through the Holy Land" Study (MR) 1:30 Bingo (AR)	11 10:30 Stretchercise (MR) 10:-1 Debbie Kay Jewelry (LL) 2:00 Wii Bowling (MR)	12 10:00 Interdenominational Church Service (MR) 2:00 Featured Documentary: "Secrets of Historic Britian" (MR)
13 2:00 Afternoon at the movies: "A Night at the Opera" (MR)	14 10:30 Stretchercise (MR) 1:30 Bingo (AR) 3:00 Halloween Costume Prep./ Decorate walker for Parade (AR)	15 10:00 Mexican Train (Dominoes Game) (AR) 10:30 Visit from FETCH Therapy Dogs (IL Lobby) 2:00 Oregon's Old Time Fiddlers (DR)	16 10:30 Stretchercise (MR) 1:15 Albertsons, Bi-Mart, and Dollar Tree (Sign up at front desk) 5:30 Guess who's Coming to Dinner? (DR)	17 10:00 Seasonal Craft - Suncatchers (AR) (Sign up at front desk) 1:30 Bingo (AR)	18 10:30 Stretchercise (MR) 10-1 Debbie Kay Jewelry (LL) 11:00 New Resident Orientation (AR) 2:00 Wii Bowling (MR)	19 10:00 Interdenominational Church Service (MR) 2:00 Featured Documentary: "Secrets of Historic Britian" (MR)
20 2:00 Afternoon at the movies- Double Feature: "The Pink Panther" (MR)	21 10:30 Stretchercise (MR) 1:30 Bingo (AR)	22 10:00 Mexican Train (Dominoes Game) (AR) 3:00 Community Birthday Party (AR)	23 10:30 Stretchercise (MR) 1:15 Shopping at Fred Meyer (Sign up at front desk)	24 10:00 Baking with Alicia: Homemade Pretzels (AR) (Sign up at front desk) 1:30 Bingo (AR) 3:00 New Resident Orientation (AR)	25 10:30 Stretchercise (MR) 10-1 Debbie Kay Jewelry (LL) 1-3 CHURCHILL ESTATES COMMUNITY HARVEST PARTY!!	26 10:00 Interdenominational Church Service (MR) 2:00 Featured Documentary: "Secrets of Historic Britian" (MR)
27 11:00 Alzheimer's Association Walk to Remember! (Sign up at front desk) 2:00 Afternoon at the Movies: "Abbott & Costello Meet Frankenstein" (MR)	28 10:30 Stretchercise (MR) 1:30 Bingo (AR)	29 10:00 Educational Series: Estate Planning with Attorney Joel Smith 2:00 Musical Performance by The Memory Tones (DR)	30 10:30 Stretchercise (MR) 1:15 Hobby Lobby (Sign up at front desk)	31 10:00 Pumpkin Painting 1:30 Bingo (AR) 3:00 Halloween Costume Parade meet in IL Lobby 6:30-7:30 Hand out Candy to Trick or Treaters! (AR)		

*Location Key: *AR - Activities Room *MP - Multipurpose Room *DR - Dining Room *LL Front Lobby Lounge